## Automotive Technician Recovery & Pain Management Workshop

Recovery & Pain Management Workshop exclusively for APD's clients—mechanic shop owners and technicians. This workshop will teach technicians how to reduce pain, improve mobility, and prevent injuries, all while strengthening their bodies for the physical demands of their job.

Limited Spots Available

\$40 - Per person (Training dollars can be used)

Date: May 31 - 4 - 1hr Clinics

**Haven Performance 10613 172 St NW** 

